BHISD BOOKLIST TO BUILD SOCIAL EMOTIONAL SKILLS

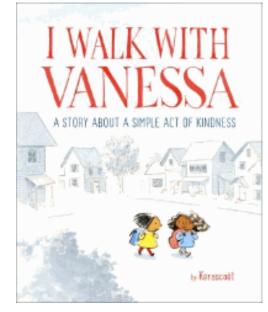
These books will help build social and emotional skills like empathy, conflict resolution, emotional awareness, and self-control. These books are available for checkout from the BHISD libraries.

Early Childhood (Grades PK - K)



CAN I PLAY TOO?

by Mo Willems
Elephant and Piggie learn to
play catch with their new
friend Snake.



I WALK WITH VANESSA

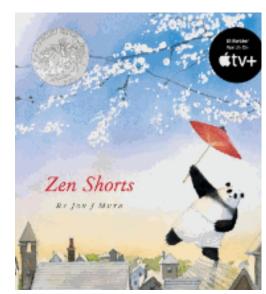
THY RESPONSIBILITY

by Kerascoet
A school girl witnesses the
bullying of another girl, but she is
not sure how to help.



HOW TO BE A LION

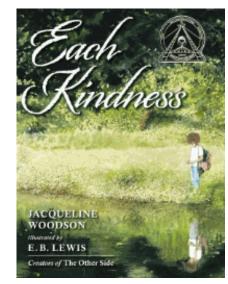
by Ed Vere
When Leonard and his friend
Marianne are confronted by
a pack of lion bullies, they
find a creative way to stand
up for themselves.



ZEN SHORTS

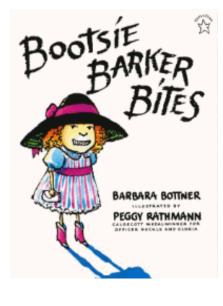
by Jon Muth
When Stillwater the bear moves
into the neighborhood, the stories
he tells to three siblings teach
them to look at the world in new
ways.





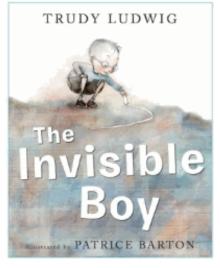
EACH KINDNESS

by Jacqueline Woodson
When Ms. Albert teaches a
lesson on kindness, Chloe
realizes that she and her
friends have been wrong in
making fun of new student
Maya's shabby clothes and
refusing to play with her.



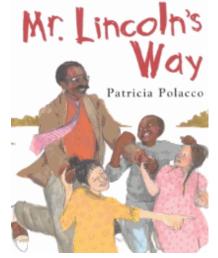
BOOTSIE BARKER BITES

by Barbara Bottner
Bootsie Barker only wants to play
games in which she bites, until
one day her friend comes up with
a better game.



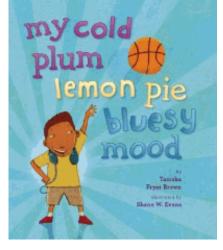
THE INVISIBLE BOY

by Trudy Ludwig
Brian has always felt invisible
at school, but when a new
student, Justin, arrives,
everything changes.



Mr. Lincoln's MR. LINCOLN'S WAY

by Patricia Polacco
When Mr. Lincoln, "the coolest
principal in the whole world,"
discovers that Eugene, the school
bully, knows a lot about birds, he
uses this interest to help Eugene
overcome his intolerance.



MY COLD PLUM LEMON PIE BLUESY MOOD

by Tameka Fryer Brown

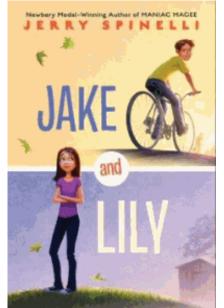
Jamie describes his mood throughout the day, using colors and rhythmic text, as he changes from an "easy green mood" while drawing a picture for his sister to a "brooding black mood" when he is teased for doing so.



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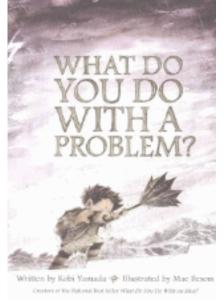
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Intermediate (Grades 4-6)



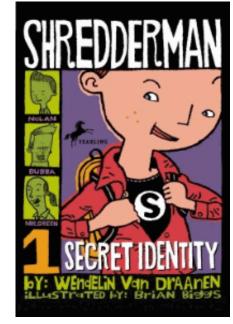
JAKE AND LILY

by Jerry Spinelli Twins Jake and Lily have a very close relationship, but when their parents give them separate bedrooms, Jake begins to spend time with a new group of boys. Lily is devastated as she struggles to make friends, and Jake is faced with a bully.



WHAT DO YOU DO WITH A PROBLEM?

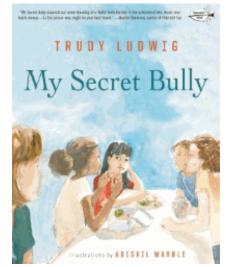
by Kobi Yamada Introduces what a problem is, how it can affect you, and how to deal with it.



SHREDDERMAN: SECRET IDENTITY

by Wendelin Van Draanen Nolan Byrd, tired of being called names by the class bully, has a secret identity--Shredderman!

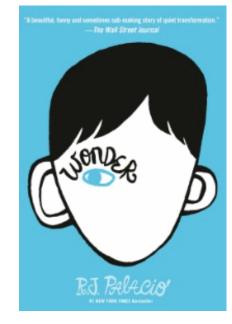
HY RESPONSIBILITY



MY SECRET BULLY

My Secret Bully by Trudy Ludwig A girl confides to her mother that her best friend is treating her badly, and together they figure out what to do about it. Includes a note to parents and teachers, as well as related resources.

Middle School (Grades 7 - 8)



WONDER

by R. J. Palacio Auggie Pullman, who was born with extreme facial abnormalities and was not expected to survive, goes from being home-schooled to entering fifth grade at a private middle school in Manhattan, which entails enduring the taunts and fear of his classmates as he struggles to be seen as just another student.



THE CROSSOVER

by Kwame Alexander Twin basketball stars Josh and Jordan wrestle with highs and lows on and off the court as their father ignores his declining health.



OUT OF MY MIND

by Sharon Draper A brilliant, impatient girl with cerebral palsy discovers a technological device that will allow her to speak for the first time.



FREAK THE MIGHTY

by Rodman Philbrick Learning disabled Max and his new friend, Freak, whose birth defect has affected his body but not his brilliant mind, find that when they combine forces, they make a powerful team.



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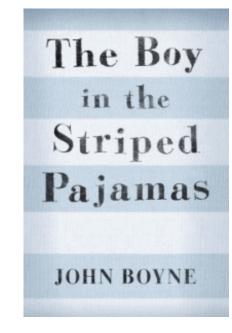
<u>High School (Grades 9 - 12)</u>



THIRTEEN REASONS WHY

by Jay Asher

Clay Jensen receives a box in the mail containing seven cassette tapes recorded by his crush and spends a bewildering and heartbreaking night crisscrossing their town.

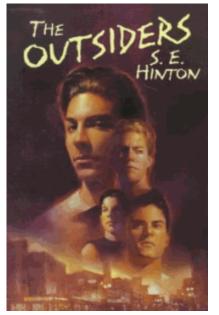


THE BOY IN THE STRIPED PAJAMAS

by John Boyne

Bored and lonely after his family moves from Berlin to a place called "Out-With" in 1942, Bruno, the son of a Nazi officer, befriends a boy in striped pajamas who lives behind a wire fence.

HY RESPONSIBILITY



THE OUTSIDERS

by S. E. Hinton

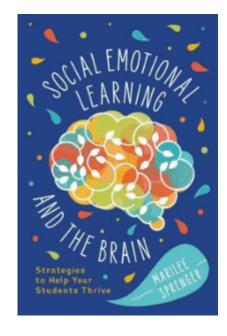
The struggle of three brothers to stay together after their parent's death and their quest for identity among the conflicting values of their adolescent society.



STARGIRL

by Jerry Spinelli Stargirl, a teen who animates quiet Mica High with her colorful personality, suddenly finds herself shunned for her refusal to conform.

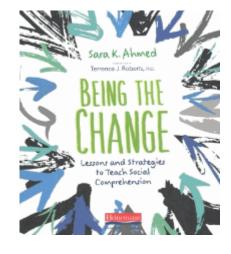
<u>Professional Development</u>



SOCIAL EMOTIONAL LEARNING AND THE BRAIN

by Marilee Sprenger

Brain expert Marilee Sprenger explains how applying neuroscience to socialemotional learning yields strategies that create supportive classroom environments and improve outcomes for all students.



BEING THE CHANGE: LESSONS AND STRATEGIES TO TEACH SOCIAL COMPREHENSION

by Sara K. Ahmed

This book is about spending time learning about our own identities and the identities of others in order to grow a better understanding of our place in the world.

